



SENIOR CLOTHING

Construction I

Project Overview

Throughout this book you will review pattern characteristics, take an inventory of your sewing skills, learn about fabric characteristics, set goals to improve and try new techniques.

Key Learning Topics

- Coordinate a wardrobe
- Select and use quality fabrics
- Complete a personal body analysis.
- Select appropriate fabric patterns
- Select fabrics which are compatible with patterns chosen.
- Write quality commentaries.
- Learn to accessorize your everyday garments

Expanding the Project

- Model a finished garment at county and state contests.
- Give a demonstration or illustrated talk during a club or project meeting.
- Complete project record forms for your record book.
- Act as a junior leader to help younger 4-H members with their sewing skills.
- Complete in other sewing construction contests

Resources

- Senior Clothing Construction I R-2008
- General Record Sheet 300.A-7 (R-18)



Exhibit Guidelines

(Make sure to label each clothing Exhibit that has multiple pieces with a separate tag to include name, class #, article item 1 of 2, and item 2 of 2 and so forth.)

Casual Wear

1. Casual dress -one or two pieces
2. Pants/slacks with top (2 pieces)
3. Shorts and top (2 pieces)
4. Skirt and top (2 pieces)
5. Jumper and top (2 pieces)
6. Jumpsuit

Coordinates

1. Three (3) piece coordinates skirt/pants/vest/jacket/dress
2. Four (4) piece coordinates skirt/pants/vest/jacket/dress

Dress up Attire

1. Dress (non-formal)
2. Suit - skirt/pant and jacket (at least 2 pieces)
3. Dress and jacket (2 pieces)

Formal

1. Prom dress or bridesmaid's dress(short)
2. Prom dress or bridesmaid's dress (long)
3. Wedding dress
4. Tuxedo
5. Cutaway coat and slacks

Targeting Life Skills:

- Self Confidence
- Conflict resolution
- Keeping records
- Wise use of resources
- Planning and organizing
- Goal setting
- Critical thinking
- Problem solving
- Decision Making

